

Mathers Clinic

Self Administered Drug & Alcohol Addiction Screening

Name: _____ Date: _____

INSTRUCTIONS: The questions that follow are about your use of alcohol and other drugs. Your answers will be kept private. Mark the response that best fits for you. Answer the questions in terms of your experience in the past 6 months.

This form is not meant to take the place of screening from a certified health professional

DURING THE LAST 6 MONTHS:

- ___ Yes 1. Have you used alcohol or other drugs? No ___
(ie. wine, beer, hard liquor, pot, coke, heroin or other opiates, uppers, downers, hallucinations or inhalants)
- ___ Yes 2. Have you felt that you use too much alcohol or other drugs? No ___
- ___ Yes 3. Have you tried to cut down or quit drinking or using alcohol or other drugs? No ___
- ___ Yes 4. Have you gone to anyone for help because of your drinking or drug use? No ___
(ie. Alcohol Anonymous, Narcotics Anonymous, Cocaine Anonymous, counselors, or a treatment program.)
- ___ Yes 5. Have you had any health problems? No ___
For example, have you:
 - ___ Had blackouts or other periods of memory loss?
 - ___ Injured your head after drinking or using drugs?
 - ___ Had convulsions, delirium tremens (DTs)?
(delirium tremens (rapid onset of confusion))
 - ___ Had hepatitis or other liver problems?
 - ___ Felt sick, shaky or depressed when you stopped?
 - ___ Felt "coke bugs" or a crawling feeling under the skin after you stopped using drugs?
 - ___ Been injured after drinking or using?
 - ___ Used needles to shoot drugs?
- ___ Yes 6. Has drinking or other drug use caused problems between you and your family or friends? No ___
- ___ Yes 7. Has drinking or other drug use caused problems at school or at work? No ___

- ___ Yes 8. Have you been arrested or had other legal problems? No ___
(ie. Such as bouncing bad checks, driving while intoxicated, theft or drug possession.)
- ___ Yes 9. Have you lost your temper or gotten into arguments or fights while drinking or using other drugs? No ___
- ___ Yes 10. Are you needing to drink or use drugs more and more to get the effect you want? No ___
- ___ Yes 11. Do you spend a lot of time thinking about or trying to get alcohol or other drugs? No ___
- ___ Yes 12. When drinking or using drugs, are you more likely to do something you wouldn't normally do, such as break rules, break the law, sell things that are important to you, or have to you, or have unprotected sex with someone? No ___
- ___ Yes 13. Do you feel bad or guilty about your drinking or drug use? No ___

The Next Questions Are About Your LIFETIME EXPERIENCE.

- ___ Yes 14. Have you ever had a drinking or other drug problems? No ___
- ___ Yes 15. Have any of your family members ever had a drinking problem? No ___
- ___ Yes 16. Do you feel that you have a drinking or drug problem now? No ___

Scoring The Self Administered Drug And Alcohol Addiction Screening

Questions 1 and 15 are not scored. The following questions are scored as 1 (Yes) or 0 (No):

___ 2	___ 5	___ 8	___ 11	___ 14	_____ TOTAL SCORE
___ 3	___ 6	___ 9	___ 12	___ 15	
___ 4	___ 7	___ 10	___ 13	___ 16	Score Range: 0 - 14

Preliminary Interpretation Of Responses:		
SCORE: 0 - 1	SCORE: 2 - 3	SCORE: >4
Risk for AOD Abuse Is None To Low	Risk for AOD Abuse Is Minimal	Risk for AOD Abuse Is Moderate To High*

** Possible need for further assessment*



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