

Mathers Clinic

MAST: Michigan Alcohol Screening Test

Name: _____ Date: _____

Place an X on the line to indicate your response.

Yes	No	
_____	_____	1. Do you feel you are a normal drinker?
_____	_____	2. Have you ever awakened the morning after some drinking the night before and found that you could not remember part of the evening before?
_____	_____	3. Does your wife, husband or parents ever worry or complain about your drinking
_____	_____	4. Can you stop drinking without a struggle after one or two drinks?
_____	_____	5. Do you ever try to limit your drinking to certain times of the day or to certain places?
_____	_____	6. Do friends or relatives think you are a normal drinker?
_____	_____	7. Do you ever try to limit your drinking to certain times of the day or to certain places?
_____	_____	8. Are you always able to stop drinking when you want to?
_____	_____	9. Have you ever attended a meeting of Alcoholics Anonymous AA?
_____	_____	10. Have you gotten into fights when drinking?
_____	_____	11. Has drinking ever created problems with you and your wife, husband?
_____	_____	12. Has your wife, husband or other family member ever gone to anyone for help about your drinking?
_____	_____	13. Have you ever lost friends or girlfriends/boyfriends because of your drinking?
_____	_____	14. Have you ever gotten into trouble at work because of drinking?
_____	_____	15. Have you ever lost a job because of drinking?
_____	_____	16. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking?
_____	_____	17. Do you ever drink before noon?
_____	_____	18. Have you ever been told you have liver trouble? Cirrhosis?
_____	_____	19. Have you ever had delirium tremens DTs, severe shaking, after heavy drinking?
_____	_____	20. Have you ever gone to anyone for help about your drinking?
_____	_____	21. Have you ever been in a hospital because of your drinking?
_____	_____	22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem?
_____	_____	23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker, or clergyman for help with an emotional problem in which drinking has played a part?
_____	_____	24. Have you ever been arrested, even for a few hours, because of drunk behavior?
_____	_____	25. Have you ever been arrested for drunk driving or driving after drinking?



TheMathersClinic.com

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